

Kyu Promotion Test Requirements

January, 2011

8 Kyu	Minimum of 3 months practice since starting Aikido and under 15 years of age.		
Waza	Zenko, Kouho-Ukemi Shikko (mae) IkkyoUndo-Zengo, Shiho(tachiwaza) Uchikata(shomen,yokomen,tsuki) Aihanmi-Katatedori Iriminage,Ikkyo, Shihonage Gyakuhanmi-Katatedori Kokyunage , Ikkyo		
7 Kyu	Minimum of 3 months practice since starting Aikido.		
Waza	including 8 th kyu waza. Funakogi-Undo Taisabaki (irimi, tenkan, kaiten) Sayu-kokyuhou-undo Gyakuhanmi-Katatedori Iriminage, Shihonage Munadori Ikkyo ,Iriminage Shomen-uchi Ikkyo		
6 Kyu	Minimum of 20days of practice since last examination.		
Waza	Tobikoshi-Ukemi Shikko (mae, ushiro) IkkyoUndo-Shiho (tachiwaza,zagi) Sabaki-Kata (shomen, tsuki) Ryotedori Ikkyo, Nikyo, Tenchinage Shomen-uchi Iriminage, Shihonage Gyakuhanmi-Katatedori Kaitennage(uchi-kaiten)		
5 Kyu	Minimum of 30 days of practice after 6 th Kyu		
Waza	Ken	Suburi-no-bu (tachiwaza)	Jo Tsuki-no-bu (basic-stance)
	including 6th Kyu waza. Shikko-Kaiten IkkyoUndo-happo(tachiwaza,zagi) Zagi-Kokyuhou Yokomen-uchi Ikkyo, Nikyo ,Iriminage, Shihonage Shomen-uchi Nikyo, Sankyo Ryotedori Kokyunage		
4 Kyu	Minimum 40 days of practice after 5 th Kyu.		
Waza	Ken	Kirikaeshi-no-bu (tachiwaza)	Jo Tsuki and Men-no-bu (basic-stance)
	Shomen-uchi Kotegaeshi, Kaitennage (uchikaiten) Tsuki Ikkyo, Nikyo, Shihonage Katate-Ryotedori Iriminage, Kokyuhou Munadori Sankyo ,Yonkyo Zagi- Shomen-uchi Ikkyo, Nikyo, Iriminage		
3 Kyu	Minimum 50 days of practice after 4 th Kyu.		
Waza	Ken	Suburi and Kirikaeshi-no-bu (tachiwaza,zagi)	Jo Tsuki, Men, Katate and Hasso-no-bu (basic-stance)
	Tsuki Kotegaeshi,Sankyo, Yonkyo Ryotedori Ikkyo ~ Yonkyo Yokomen-uchi Kaitennage (uchi, soto-kaiten) Ushiro-Ryotedori Iriminage, Kokyunage Hanmi-Handachi-Ryotedori Shihonage Zagi- Shomen-uchi Kotegaeshi Zagi- Katatedori Ikkyo ~ Yonkyo,		
2 Kyu	Minimum 60 days of practice after 3 rd Kyu.		
Ken	Ashino-Fumikae-no-bu, (tachiwaza) Tsuki-no-bu(tachiwaza,zagi)		
Jo	13 no Jo (left-hanmi) Tsuki, Men, Katate, Hasso and Nagare-no-bu(basic-stance)		
Tachi waza	Katate-Ryotedori Iriminage (2 ways) Yokomen-uchi Ikkyogaeshi, Kotegaeshi Munadori Ikkyo ~ Yonkyo Gyakuhanmi-Katatedori Koshinage		
Hanmi Handachi	Katatedori Ikkyo ~ Yonkyo , Kotegaeshi, Kaitennage (uchi, soto -kaiten)		
Zagi	Yokomen-uchi Ikkyo ~ Yonkyo, Kotegaeshi, Iriminage,		
Ushirowaza	Ushiro-Ryotedori Ikkyo ~ Yonkyo, Kotegaeshi Ushiro-Katatedori-Kubijime Sankyonage		
Jiyu waza	Katate-Ryotedori Shomen-uchi Gyakuhanmi-Katatedori		
1 Kyu	Minimum 70 days of practice after 2 nd Kyu.		
Ken	Zengo-no-idou (Basic-Movements Front and Back)-tachiwaza,zagi: Suburi, Kirikaeshi, Tsuki no bu		
Jo	31 no Jo (left hanmi) Tsuki, Men, Katate, Hasso and Nagare-no-bu (left and right hanmi)		
	Shikko-Kaiten (2 ways)		
Tachi waza	Katadori-Menuchi Ikkyo ~ Yonkyo, Iriminage Ryotedori Kotegaeshi (2 ways) Shomen-uchi Kaiten-osae (uchi, soto-kaiten), Udegarami, Ikkyogaeshi ,Koshinage		
Hanmi Handachi	Shomen-uchi -Ikkyo ~ Yonkyo, Kotegaeshi, Iriminage		
Zagi	Tsuki Ikkyo ~ Yonkyo, Iriminage		
Ushiro waza	Ushiro-Ryotedori Shihonage, Jyujigarami, Ushiro-Ryohijidori Kotegaeshi Ushiro-Katatedori-Kubijime Ikkyo ~ Yonkyo, Iriminage		
Jiyu waza	Tsuki Katate-Ryotedori Yokomen-uchi		

Jo-no-bu

Tsuki-no-bu	1.Chokuzuki 2.Kaeshizuki 3.Ushirozuki 4.Tsuki-gedangaeshi 5.Tsuki-jodangaeshi
Men-no-bu	1.Shomenuchikomi 2.Renzokuuchikomi 3.Menuchi-Ushirozuki 4.Menuchi-gedangaeshi 5.Hidariyokomen-ushirozuki
Katate-no-bu	1.Katate-gedangaeshi 2.Katate-tomauchi 3.Katate-hachinojigaeshi
Haso-no-bu	1.Hasogaeshi-uchi 2.Hasogaeshi-tsuki 3.Hasogaeshi-ushirozuki 4.Hasogaeshi-ushirouchi 5.Hasogaeshi-ushirobarai
Nagare-no-bu	1.Hidarinagare-kaeshi-uchi 2.Miginagare-kaeshi-tsuki

Ken-no-bu

Suburi-no-bu	1.Shikodachi 2.Hanmi(migi,hidari) 3.Zengo(migi,hidari) 4.Shiho(migi,hidari) 5.Happo(migi,hidari)
Kirikaeshi-no-bu	From 2 to 5 must be performed both standing (<i>tachiwaza</i>) and sitting (<i>zagi</i> .)
Ashi-no-fumikae no-bu(kihon,tsuki)	1.Mae – suburi (migi,hidari) kirikaeshi(migi,hidari) 2.Ushiro– suburi (migi,hidari) kirikaeshi(migi,hidari)
Tsuki-no-bu (kihon.fumikomi)	1.Hanmi(migi,hidari) 2.Zengo(migi,hidari) 3.Shiho(migi,hidari) 4.Happo(migi,hidari) All must be performed both standing (<i>tachiwaza</i>) and sitting (<i>zagi</i> .)